

A center that is Breastfeeding Friendly:

- Provides an atmosphere that welcomes breastfeeding families
- Helps mothers continue to breastfeed when they return to work or school
- Makes breastfeeding resources available to parents
- Feeds infants on demand and coordinates feeding times with parent's schedule
- Trains staff so they are able to support breastfeeding parents
- Has a written breastfeeding policy

If you think your center is Breastfeeding Friendly, complete the following information and the self-assessment on the back. Mail this completed form and a copy of your breastfeeding policy to the address below. Centers that answer "Yes" to all six standards and whose policy supports breastfeeding will be awarded a certificate, which designates them as a Breastfeeding Friendly Child Care Center. The certificate expires after 3 years and you will need to complete another self-assessment at that time.

If you are not ready to apply yet and you would like more information on becoming a Breastfeeding Friendly Child Care Center, contact CACFP at the address below.

CACFP Agreement #	_		
Sponsor Name			
Center Name (if different)			
Center Address			
City	State	Zip	
Number of infants (under 12 months of age) cu	arrently in care	_	

Contact Information

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Breastfeeding Friendly Self-Assessment

1.	Our center provides an atmosphere that welcomes breastfeeding families.	Yes	No
	There are breastfeeding posters on display and a quiet comfortable place that mothers can feed their babies or express breast milk. The center encourages mothers to visit and breastfeed during the day, if their schedules permit. Center employees are also encouraged to breastfeed their infants in care.		
2.	Our center helps mothers continue to breastfeed their babies when they return to work or school.		No
	Parents are told about the center's policies and services regarding breastfeeding. The center's information packet for new families includes information on breastfeeding.		
3.	Our center has accurate written materials on breastfeeding topics available for all parents.		No
	Staff is familiar with written materials and available community resources (support groups, lactation consultants) and refers moms as appropriate.		
4.	Our center feeds infants on demand and coordinates feeding times with the mother's normal feeding schedule.	Yes	No
	Breastfed babies do not receive food or drink (other than breast milk) unless indicated. Parents are asked what they want the center to do if mom will be late and their baby is hungry or the supply of breast milk is gone.		
5.	Our center trains all center staff so they are able to support breastfeeding.	Yes	No
	Center staff conveys a positive attitude that moms can return to work and continue to breastfeed and that the center can help them. Staff is trained about the benefits of breastfeeding, preparation, storage and feeding of breast milk and resources available for staff and parents.		
6.	Our center has a written policy that reflects the center's commitment to breastfeeding.	Yes	No
	Staff is familiar with the policy and it is available so that staff can refer to it.		
En	closed is a copy of our center's Breastfeeding Policy.		
Pri	nt Name of Center Director Phone		
Sig	gnature of Center Director Date		
E-1	mail address		

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