

# Make New York the Healthiest State

The **Prevention Agenda** is a 5-year effort to make New York the healthiest state. Developed in collaboration with 140 organizations, the plan identifies New York's most urgent health concerns, and suggests ways local health departments, hospitals and partners from the health, business, education and nonprofit organizations can work together to solve them. From promoting healthier food options, to maintaining safe streets that prevent falls and injuries, to reducing teen pregnancy, everyone has a role to play in making our communities and families healthier. Take action to make your community a healthier place!

The **Prevention Agenda** 2013–2017 has five overarching goals:

1. Improve health status in five priority areas and reduce health disparities for racial, ethnic, disability, socioeconomic and other groups who experience them.
2. Promote attention to the health implications of policies and actions that occur outside of the health sector, such as in transportation, community and economic development, education and public safety.
3. Create and strengthen public-private partnerships to achieve sustainable health improvement at state and local levels.
4. Increase investment in prevention and public health to improve health, control health care costs and increase economic productivity.
5. Strengthen governmental and non-governmental public health agencies and resources at state and local levels.



For local contact information, go to:  
[health.ny.gov/preventionagenda2013](http://health.ny.gov/preventionagenda2013)



Making New York State the healthiest state in the nation is an important goal, one that the state Health Department takes very seriously. That's why New York adopted the Prevention Agenda with the hopes of reducing chronic disease, promoting a healthy and safe environment, improving the health of women, infants and children, promoting mental health and preventing substance abuse, reducing the spread of HIV, sexually transmitted diseases, vaccine-preventable disease and health care-associated infections. Our partners in local communities are taking action to address these health challenges, including increasing access to healthy foods and opportunities for physical activity, reducing access to tobacco, providing safe and healthy environments and providing all New Yorkers with access to high quality services to better manage their health. We know it's an ambitious effort, but we also know it's well worth it. Please join your local health departments, hospitals and other community organizations in these efforts to transform the health of all New Yorkers.

Sincerely,

Nirav R. Shah, M.D., M.P.H.  
New York State Commissioner of Health

